



## ENRICHING YOUR LIFE IN THE ORTHODOX FAITH (PART 2) ...

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*This article is continued from last month's "Outreach":*

### ... HOW CAN THIS HAPPEN?

We have the dogma, the rituals, and the accouterments of the faith, and yet we live in a fallen world that places pressures and exertions on the Church and Christians in various ways - whether it be the holocausts of political or economic terrorists, or the assaults of demons. We become spiritually depleted and lose spiritual health. We are at risk for despair or loss of faith. Enrichment is a kind of fortification that restores health and strengthens our spiritual immune system against further Life-threatening assaults.

For a crude historical and probably not completely appropriate parallel, *beriberi* was a devastating physical condition that was nearly wiped out overnight by the enrichment of the flour that was made into the bread (adding just a tiny amount of vitamins), which fed the weakened populace. It did not change the bread, just added 'enrichment.' In the case of *beriberi*, the grain itself was stressed by over-processing - not unlike life in our modern times - which made it improbable if not impossible for many people, save those of 'good stock,' to sustain good physical health. This made for a tragic devastation of many children and adults. When that which was missing or needed was added to the food, nearly overnight there was a physical miracle of healing.

It seems likewise to our spiritually-depleted and immature conditions as Orthodox. Orphaned as we are from Orthodox countries, highly processed in a strenuous and non-Orthodox lifestyle, we are suffering from the acute strains and assaults of life under spiritual suffocation. As young babes in Christ, unaccustomed

to the whole grain of tradition, we are missing that something not *extra*, but *vital*.

Enrichment is like that magic, small and timely addition of the ingredients missing or overlooked, which will initiate the miracle of healing in our daily lives.

Enrichment begins by permitting - as we are able and become accustomed - Orthodoxy more and more into the rest of our days. This is a very difficult task, because we have a tension in many of our parishes. Either the immigrants who came here from the old country demurred to the primary culture in humility or assimilation, and little is left of the treasures they remembered; or there is an over-aggression to assert a kind of spiritual boot-camp that contrives a whole lot of overlay that can become not Orthodox culture, but cultic - as if the very language of the service was as incomprehensible and out of context. Most of us experience variations of these attempts to live Orthodoxy. The work in our parishes and dioceses is the work of the pastors and bishops who address the larger body. But in our homes, and from our homes, we can do a lot to give and receive enrichment that will vivify and effect healing.

### IT BEGINS WITH LOVE

There is an amazing alchemy in the combination of dirt, worms, bacteria, water, air, and sunlight, that will eventually grow a flower, a bush, or a tree. Seemingly, totally unrelated materials work synergistically together to sprout a living plant. The key ingredient seems a livable balance of all these materials... and the benevolent sun. In our families, children know love by our own love for them. A child is born into a family with parents, at the very least. Likewise a new believer is ...

*-Continued on page 4*

### Websites:

*Ukrainian Orthodox Church of Canada:*  
[www.uocc.ca](http://www.uocc.ca)

*Western Diocese*  
[www.uocc.wd.ca/](http://www.uocc.wd.ca/)

*St. Andrew's Parish*  
[www.uocc-standrew.ca/](http://www.uocc-standrew.ca/)

You can now read our monthly "Outreach"

newsletter on the Parish website!





## LITURGICAL SCRIPTURE READINGS

June 2008

Sunday, June 1st

*6th Sunday After Pascha  
Sunday of the Blind Man*  
Epistle: Acts 16:16-34;  
Gospel: John 9:1-38.

Sunday, June 8th

*7th Sunday After Pentecost  
Sunday of the Holy  
Fathers of 1st Ecumenical  
Council*  
Epistle: Acts 20:16-18, 28-36;  
Gospel: John 17:1-13.

Sunday, June 15th

*Pentecost  
Descent of the Holy Spirit*  
Epistle: Acts 2:1-11;  
Gospel: John 7:37-52, 8:12.

Sunday, June 22nd

*1st Sunday After Pentecost  
Sunday of All Saints*  
Epistle: Hebr. 11:33-12:2;  
Gospel: Matt.10:32, 33, 37, 38,  
19:27-30.

Sunday, June 29th

*2nd Sunday After Pentecost  
All Saints of Glorified Ukraine*  
Epistle: Rom 2:10-16;  
Hebr. 11:33-12:2;  
Gospel: Matt. 4:18-23;  
Matt.4:25-5:12.



## WORSHIP SERVICES AT ST. ANDREW'S SELO

(10:00 a.m.)

Monday, June 16th

*Feast of the Holy Spirit*

Saturday, July 12th

*Feast of Apostles Peter & Paul*

*Fellowship Coffee & Lunch  
to follow every  
Divine Liturgy.*



## LITURGICAL



### SUNDAY WORSHIP SERVICES

AT ST. ANDREW'S

Sunday, June 1st  
**Bilingual**

Sunday, June 8th  
**Bilingual**

Sunday, June 15th  
**Bilingual**

Sunday, June 22nd  
**Bilingual**

Sunday, June 29th  
**English**

*Confession @ 9:00 a.m.  
Divine Liturgy commences  
@ 10 a.m.*

### CANON LAW

Canon Law is the law of the Church. It contains the canons of the Ecumenical Councils, of certain provincial councils and of certain Saints such as Basil the Great, John the Faster, etc. Canon Law provides for all administrative or disciplinary questions that might arise in the Church. Canon Law is not infallible and can be changed by an Ecumenical Council.

### Upcoming Memorial Services

June 1st — Memorial Fellowship for Lloyd McNee  
(provided by Stephanie & family)

### Goal & Purpose of Church:

**What is the primary function of the Orthodox Church?**

The primary function of the Orthodox Church is to do the work of God. It means that the Church is used by God for the salvation of humanity and redemption of the world. In the Divine Liturgy of St. John Chrysostom, part of the prayer said by the priest known as the "Anaphora," we read, "Out of nothing, (O Lord), You brought us into being, and when we had fallen, raised us up again; and You have not ceased doing everything until You brought us back to heaven and graciously gave us your future kingdom." The main purpose of the Church is to make that salvation available to every person in the world who will perceive the message of salvation; share in the sacramental life of the Church which allows it to happen; lives the life of discipline and instruction in the godly life; and together with all those who make up the Lord's body, i.e., the Church, grows toward the fulfillment of God's will in them personally, and among them as the people of God, and for the life of the whole world.

### THE HOLY THINGS ARE FOR THE HOLY: A NOTE ON HOLY COMMUNION

The purpose of an enrichment program is to increase purification and illumination. We know we are not holy, but we are increasing in our 'holification,' as it were. We should not approach Holy Communion as if it were candy mints, or a membership ticket, but as much as possible increase our spiritual understanding of it. This is in many ways both abstract and concrete, a matter of faith and a matter of praxis. It is bad faith and praxis to refuse Holy Communion out of an exaggerated sense that we need to 'be worthy' - for the prayers before Holy Communion acknowledge that we are unworthy. But it is equally bad faith and praxis to consistently receive with little appreciation for what it is we are doing, or doing it just because everyone else is and we don't want to be conspicuous. The only right way, is to check out our 'thinking' and 'attitude' and 'life in Christ' by frequent conversation with our spiritual fathers or mothers, Holy Confession as prescribed by our local parish, and obedience to the 'prescription' of our priest or spiritual physician. The holy things are indeed for the holy.

**Source:** Matushka Photini Henderson  
*Orthodox Family Life*, 1999

## IN MEMORIAM!

*Should you have names of loved ones you would like included in this section, please contact the Church Office (469-1463)*

St. Andrew's Sobor Family extends their sincerest condolences to:  
 ✠ Sonia Zinyk and family on the eternal repose of her father, John Zinyk.



### REMEMBERING THE LIVING & DEPARTED

During every liturgy the priest says prayers for the living and the departed. At the entrance to the church, please fill in special "Remembrance Cards" and submit them to the celebrant priest so that prayers may be offered.



**ETERNAL BE THEIR MEMORY!  
 WE PRAY THAT THE LORD GOD WILL ESTABLISH THEIR SOUL  
 WHERE THE RIGHTEOUS REPOSE**

### Ukrainian Canadian Congress — Edmonton Branch

presents

*"Be Well and Prosper, My Beloved Ukraine"*

Tuesday, May 29th at 8:00 p.m.

St. Basil's Cultural Centre (10819 - 71 Avenue)

— created and performed by Edward Danylo Evanko, a presentation of songs combined with writings, commemorating the Ukrainian Famine / Genocide of 1932-1933 **Holodomor**. Tickets are available at the Ukrainian Bookstore (10215 - 97 St.) or TIX on the Square (9930 - 102 Ave.). Advance: \$10 / At the door: \$15

### St. John's Institute Is Hiring!

**Bar-V-Nok Co-Director** — join their dynamic team and help run a two week church camp from July 6 - 19th

**Osvita Counselor** — work at the immersion summer program (fluency in Ukrainian & English is required)

**Weekend Cook** — required for the student residence (part time position with working hours of Saturdays and Sundays from 9:30 am - 6:30 pm (\$12-\$15/hour)

For further information visit:

[www.stjohnsinstitutue.com](http://www.stjohnsinstitutue.com) or call 439-2320

## OUR PARISH BULLETIN BOARD

### NEXT PYROHY SUPPER!

Our next "Pyrohy Suppers"

will be held on

**Friday,**

**June 6th**

from 5:00 - 8:00 p.m.

Bring Family & Friends!

Dine In or Take Out!

### DONATION ENVELOPES

Should you require more "Offering Envelopes" contact Gene Luchka (465-1736) or Mark Bartko (469-9921) or fill out the request form in the Church vestibule entrance area.



### SUNDAY FELLOWSHIPS

The Sunday Fellowships are greatly appreciated by the worshipping congregation; therefore we would like to thank those who sponsored or provided these fellowships.

**A most heartfelt thank you to:**

... the month of **May** sponsors:

Those who contributed to the Blessed "Potluck" Dinner (May 4th); Fellowship Committee (May 11th, May 18th); Church School Awards & Fellowship (May 25th).

At the same time **we invite other parish members** to also sponsor an occasional Fellowship.

If you are so inclined, please sign-up on the displayed sheet or contact **Stephanie** (469-1463 or 469-5293). Thank you!



### DNIPRO-SELO HOUSING

The Dnipro-Selo Housing Society provides subsidized apartment accommodations for seniors 65 years of age or older with rents you can afford! Interactions include Social clubs, exercise groups and bingo.

For more information contact:

Selo: (780) 469-4141

Dnipro: (780) 425-5097



### St. Andrew's Men's Club & Ladies Auxiliary Annual BBQ

**Monday,  
 June 23rd, 2008**

#### Refreshments:

5:30 pm

#### Supper:

6:00 p.m.

**Cost:** \$20.00 per person



For more information contact:  
 Wally  
 Yadowski  
 (469-2555)

Missed Names From  
 Floral Donation List:

*Nick & Gloria Pundick  
 Walter & Sylvia Killick*





### GREETERS' ROSTER

Listed below is the Greeters' roster for this month:

June 1st -

*Robert & Carol Stanicky*

June 8th -

*Ernie & Vivian Skakun*

June 15th - *Michael &*

*Olga Alexandruk*

June 22nd -

*Robert Shewchuk & ?*

June 29th - *Bruce &*

*Gloria MacDonald*

**Many thanks** to those of you who have already volunteered for this ministry.

If you are interested in acting as a 'Greeter', please contact Pauline Lysak (434-4826)

## MORE PARISH BULLETIN BOARD!

### CAMP BAR-V-NOK

#### AT PIGEON LAKE

"ST. ANDREW'S PARISH  
FAMILY CAMPING  
WEEKEND"

June 19th – 22nd, 2008

*Come out for a day trip, or  
spend a night or the entire  
weekend at the camp!*

*Accommodations are  
available on a sign-up  
basis!*

*Detailed schedule of  
activities will be posted  
soon!*

Contact: Gordon  
Ostapchuk @ 463-0454

### CANONS OF COUNCILS

The Ecumenical Councils make two types of decisions:

1. ***Doctrinal***, or theological, which are ***infallible***, ***unchangeable***, and must be believed by every Orthodox.
2. ***Disciplinary*** or administrative canons. The disciplinary canons cover various questions as to the performance of sacraments, jurisdiction of parishes, dioceses, marriage and divorce questions, penance

and others.

These canons are ***changeable*** by other Ecumenical Councils, and they are not infallible. They are binding upon the faithful, however, and are to be enforced by the clergy.



The good Lord didn't  
create anything without  
a purpose, but  
mosquitoes come close!



### ***"Enriching Your Life in the Orthodox Faith" ... -Continued from page 1***

... baptized into the Christian family, and blessed with godparents. One Christian is ***truly no Christian, and the Church does not leave us alone***. But too often we take too little responsibility for our brothers and sisters in Christ. Intend to love one another. Being Orthodox in a non-Orthodox country, we have missed the 'family' aspect of community life. Be like real brothers and sisters, grandmas and grandpas, in faith - the ministers of those other days between Liturgies. When we accept our place as real brothers and sisters by Water (Baptism) and Blood and Body (Holy Communion), we cannot escape our responsibility to and for one another. And out of the intentional love and relationship with one another, the family spiritual sense, allows us to help 'enrich' what is needed - be it a scolding, a tear, a festival gathering, a little quiet, or a bit of sweet.

### **THE LITTLE THINGS MEAN A LOT...**

In our homes, loving gestures, thoughtful events, and serious intentions can be applied as needed. Likewise, spiritual enrichment cannot really be codified, because we are all different, but is an art form that comes out of love for one another - far different from the effect of force motivated by a fear for one another. Like I confessed at the beginning, this article is not a cookbook or how-to guide; I would not have the audacity to write one. It can only suggest a tone for guidance.

### **BEGIN WITH THE BASICS & GROW FROM THERE**

Realizing that we are part of the Church and a parish family, the "extended family" relationship takes time and contact to cultivate. We must be equally as discerning and deliberate in increasing this aspect of spiritual life. Here is a basic "adopt a parish" program:

- Attend Church worship services.
- Attend fellowship events.
- Attend religious education programs: lectures, Bible Study, retreats, etc.
- Attend Feast Day celebrations.
- If you haven't already done so, introduce yourself and your family to the parish priest. Take your relationship beyond acquaintance or the perfunctory "basic respect" level, over time to a trusting spiritual-father level.
- Form friendships among the faithful, adopt them as family.
- Seek to make friends of newcomers in the parish.
- Take an active role in fellowship, Church school, and other aspects of parish life and services. ...



MORE PARISH BULLETIN BOARD ...

ST. STEPEHN'S CEMETERY

St. Stephen's Cemetery is owned by the Council of Ukrainian Orthodox Churches of Edmonton (CUOCE). Members of the Council are the five Ukrainian Orthodox Parishes of Edmonton along with St. John's Institute and St. John's Fraternal Society.

The land for the cemetery was purchased at a price of \$2500 per acre for a total of \$200,000 for the 80 acres. At this point, only 40 acres are being developed. Note: The City of Edmonton Assessment Branch now values agricultural land at \$82,500 per acre for a total of \$6,600,000.

Development thus far includes an office building and a maintenance building, surveyed location of plots, two kilometers of roadwork and the planting of 500trees. Further development may included a chapel and social centre and a public mausoleum.

Based on current fees and the number of plots and columbarium niches (for cremated remains) in the non-orthodox areas available for sale, the projected gross revenue is \$170,000.000. It is expected that some \$30,000,000 may be used for capital development and an equal amount will be used to establish an Endowment Fund. The remaining funds will be available to support the Ukrainian Orthodox community through the member organizations.

\* There are three ways YOU can support this project:

1. Purchase plots for the needs of your family.
2. Purchase plots as an investment.
3. Make an annual donation to the CUOCE.

Should you have any questions, please contact Dr. Harry Hohol at 466-0810.

50TH ANNIVERSARY PICTORIAL DIRECTORY

The St. Andrew's Men's Club will again be sponsoring our 5th **Pictorial Directory** this autumn and I was again asked to chair the directory project. Initially I had some trepidation in accepting due to my health situation, but when I received such generous support from members wishing to help me, I was moved to the point where I said, "Yes!". I want tot hank those who responded with so much kindness, caring and love.

The 2009 Directory will be dedicated to the 50th Anniversary of our beautiful Sobor Parish. The pictorial directory is based on the Biblical premise: "Love Thy Neighbor" or to be explicit, "Love Thy Parishioner". As a member of our Church "Family" we urge you to have your picture taken so that you could be included in our "Family" album.

Photo sessions will take place in the classroom area of our Parish Complex on October 22nd, 23rd, 24th & 25th. Every church member will be called by one of my twelve member committee asking for your participation. Calls will commence in September. Names of the full committee will be published in an ensuing edition of the fine and detailed "Outreach" newsletter published by our editor Reverend Lakusta.

Questions? Please call me at 469-7870.

With love, appreciation and respect,

*Johnny Bohonos*  
Pictorial Directory Chairman



DANCING SCHOOL PROGRAM OPEN HOUSE  
*St. Andrew's Veernest* will hold an Open House &

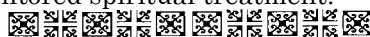
Early Registration Event: **Friday, June 13th**  
6:30 - 8:00 pm

*For more information, contact Trish Bartko, Director Dancing Program.*

... As you begin in your own self, and in your family, and extend your 'family' to truly include your spiritual father, your godparents, and more and more of the faithful. God will bless these efforts and this enrichment will help make living stones in your family and parish life. It will truly effect a miraculous healing in your life, and spiritual growth from glory to glory.

A CAUTION ON ENRICHMENT 'GUIDES'

Enrichment shouldn't be contrived, forced, or applied inappropriately for our spiritual age or present abilities, for too much nourishment, like too many vitamins, can be toxic. More is not necessarily better, and no-where is the warning for physician's advice more appropriate than in the spiritual life. Basic to every effort is the advice of our spiritual physicians - and with that, I render all these words just conversation and say, take away only this: **talk this over with your spiritual father.** Whatever you need, whatever you wish to try, discuss it in context of who you are, what you and your family may be able to sustain without burning out or becoming resentful, and under his guidance, chart a prescribed course of monitored spiritual treatment.



# JUNE 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>1</b> <i>Sunday of the Blind Man</i></p> <p>2 pm - Graveside @ St. Stephen Cemetery</p> <p><b>Bilingual</b></p>	<p><b>2</b></p>	<p><b>3</b></p> <p>9 am - Golden Age Club Mtg.</p>	<p><b>4</b></p>	<p><b>5</b> <i>Ascension of Our Lord &amp; Saviour</i></p> <p>9:30 am - Liturgy 7:30 pm - Choir Practice</p>	<p><b>6</b></p> <p>5 - 8 pm — Pyrohy Supper</p>	<p><b>7</b></p> <p>UWAC Conference in Smoky Lake</p>
<p><b>8</b> <i>Sunday of Holy Fathers of Ist. Ecumenical Council</i></p> <p>Special Parish Mtg. @ 1:00 p.m.</p> <p><b>Bilingual</b></p>	<p><b>9</b></p> <p>7 pm - Parish Board Mtg.</p>	<p><b>10</b></p> <p>9 am - Golden Age Club Mtg.</p>	<p><b>11</b></p>	<p><b>12</b></p> <p>7:30 pm - Choir Practice</p>	<p><b>13</b></p> <p>6:30 - 8 pm <i>Veerneest</i> Dancing Program Open House / Early Registration</p>	<p><b>14</b></p>
<p><b>15</b> <i>Fathers' Day</i></p> <p><b>PENTECOST</b></p> <p><b>Bilingual</b></p>	<p><b>16</b> <i>Feast of the Holy Spirit</i></p> <p>10 am @ Selo</p> <p>Ladies Aux. Mtg. 7:00 p.m.</p>	<p><b>17</b></p> <p>9 am - Golden Age Club Mtg.</p>	<p><b>18</b></p>	<p><b>19</b></p> <p>7:30 pm - Choir Practice</p>	<div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p><b>St. Andrew's Bar-V-Nok Weekend</b> June 20th - 22nd</p> </div>	
<p><b>22</b> <i>Sunday of All Saints</i></p> <p><b>Bilingual</b></p>	<p><b>23</b></p> <p>5:30 pm - Men's Club Annual BBQ</p>	<p><b>24</b></p> <p>9 am - Golden Age Club Mtg.</p>	<p><b>25</b></p>	<p><b>26</b></p> <p>7:30 pm - Choir Practice</p>	<p><b>27</b></p>	<p><b>28</b></p>
<p><b>29</b> <i>Sunday of All Saints of Ukraine</i></p> <p><b>English</b></p>	<p><b>30</b></p>	<div style="border: 1px solid purple; padding: 10px;"> <p><b>Sunday Fellowship Roster:</b>                  June 1st... Memorial Fellowship for Lloyd McNee (sponsored by Stephanie &amp; Family)                  June 8th... <span style="float: right;">June 15th...</span>                  June 22nd... <span style="float: right;">June 29th...</span></p> <p style="text-align: center;"><b>PLEASE SIGN UP IN THE CHURCH ATRIUM TO SPONSOR A FELLOWSHIP LUNCH</b></p> </div>				



Confession... 9:00 - 9:45 a.m. Divine Liturgy...10:00 a.m.  
 Reading of Hours (Youth Sunday)... 9:30: a.m.  
 Following every Sunday Divine Liturgy, "Fellowship Coffee & Lunch" is served!

**FROM OUR PARISH PRESIDENT** — *no report this month*



**Executive Director Position — St. John's Ukrainian Orthodox Institute**

The Executive Director is responsible for the successful leadership and management of the organization according to the strategic direction set by the Board of Directors. This individual should have broad-based non-profit knowledge and possess proven skills in strategic plan implementation; operational planning and financial management; evaluation, reporting; program design; revenue generation; and partnership development.

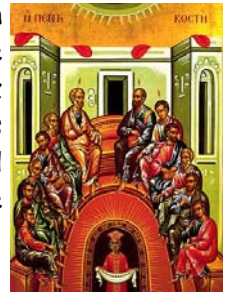
For a full job description, please visit <http://www.stjohnsinstitute.com/about/employment/>

Resumes can be emailed to [ashuya@stjohnsinstitute.com](mailto:ashuya@stjohnsinstitute.com) by June 1st, 2008.

Salary: \$40,000 - \$45,000 + Benefits + Meals Start date: August 1st

**Pentecost**

Pentecost is one of the 12 Great Feasts of the Orthodox Church. It is celebrated fifty (50) days after Easter *to commemorate the descent of the Holy Spirit* on the Apostles, and the birthday of the Christian Church. On this day there is also a special service in which the Orthodox Christians kneel and pray to the Holy Spirit.



**St. John's Ukrainian Sadochok**

will be having a Playschool

***Open House***

on **Wednesday, May 28th**

at 7:00 pm

for all parents and grandparents of children between the ages of 3 & 4.

For more information, please call St. John's Sadochok at 426-1795.



**Educational Opportunities**

- **Ukrainian 10, 20, 30** is being offered at the Ukrainian Immersion Program *Osvita* this summer. Three weeks in Edmonton and then 2 weeks in Ukraine beginning June 29th. Register at St. John's Institute or the website online at [www.stjohnsinstitute.com](http://www.stjohnsinstitute.com)

For more information call 439-2320

- **Summer Camp at Bar-V-Nok** — register through St. John's Institute website or their office.
- **Mohyla** Language and Cultural Immersion Program: June 30th - Aug. 4th (Saskatoon). For more information email: [mohylasasktel.net](mailto:mohylasasktel.net) or check online at [www.moyhla.ca](http://www.moyhla.ca)

**Men's Club Golf Tournament**

St. Andrew's Men's Club will be holding their *10th Annual Mixed Golf Tournament and BBQ* on **Friday, August 22nd, 2008 at Terrae Pines Golf & Country Club.**

9-Hole Texas Scramble

Golf: 2:00 p.m.

BBQ: 6:00 p.m.

**COST:**

9 Holes & BBQ \$48.00

Golf Only \$27.00

BBQ Only \$22.00



The number of Golfers is limited to 52 so please register *early* (BBQ is unlimited)! Entry forms are available at the Church Office or contact Gordon Haug (464-4777).

This year we will be serving roast beef rather than steak.

**UWAC Northeast Alberta Conference**

**Saturday, June 7th, 2008**

Smoky Lake

9:00 a.m.

For further information call Sandra (466-0810). Men are welcome! You may participate in planned activities or visit the golf course.

**Extraordinary Sobor of the UOCC**

A Special Sobor of the UOCC will be held on August 22nd - 24th in Saskatoon, Saskatchewan. This Extraordinary Sobor will address three issues:

1. Election of a Bishop,
2. Discuss the proposed revised bylaws,
3. Celebrate the 90th Anniversary of the UOCC.

We are now accepting applications for delegates who wish to represent our Sobor Parish. Submit your name to our Parish President or sign-up at the Church Entrance. As per policy, 80% of your expenses will be covered by the Parish.

**PROVODY**

*"Sunday Graveside Services":*

**May 25th** - Evergreen Cemetery, 2 pm;

**June 1st** - St. Stephen Cemetery, 2 pm



*Private bookings can be arranged for alternate times or alternate cemeteries by contacting Fr. Victor @ 440-4822, 438-1890 or 974-8636.*

**New Orthodox Study Bibles!**

The new Bibles have arrived and are available for purchase in the Church Office!

The cost is \$60.00.

We're on the Web!  
www.uocc-standrew.ca  
Currently under construction!

News letter Editors: Rt. Rev. Victor Lakusta & Robyn Shewchuk

*"St. Andrew's Outreach" is published monthly to encourage Christian growth, to share our faith in Our Lord God, Jesus Christ, to keep you informed of our parish events and activities, and to invite you to worship with us.*

## ST. ANDREW'S UKRAINIAN ORTHODOX PARISH

9831 - 75 St  
Edmonton, Alberta T6A 2Y8

Phone: 780 - 440-4822 or 469-1463

Fax: 780 - 469-5256

Email: st.andrews\_uocc@telusplanet.net

### PASTOR:

Right Rev. Fr. Victor Lakusta

Phone: 780 - 438-1890

Email: flakusta@telusplanet.net

### Office Hours:

Tuesday: 9:00 a.m. - 12:00 p.m.

Wednesday: 9:00 a.m. - 12:00 p.m.

Thursday: Pastoral Visitation Day

Friday: 11:00 a.m. - 3:00 p.m.

## Next "Outreach" Issue - July 6th

### Summer (July/August) Issue

*Disclaimer: We do not claim that all the information published in this newsletter is accurate. All submissions are the responsibilities of their contributors.*



St. Andrew's Men's Club Website

COPIES OF "THE HANDMAIDEN" & "AGAIN" MAGAZINES ARE  
AVAILABLE @ \$6.00/COPY AT THE ENTRANCE TO THE CHURCH, OR  
SUBSCRIBE @ \$5.00/COPY.



## PASTORAL REFLECTIONS!



### HARVESTING THE FRUIT OF PASCHA

"Come, let us drink a new drink, not one marvelously brought forth from a barren rock, but the source of incorruption, which springs forth from the grave of Christ, in Whom we are established." (Canon of Pascha)

After closing the Triodion, the book of repentance that has guided us to Pascha, the Church opens a new book- the Pentecostarion. The Pentecostarion is a well-spring of insight and renewal that aids in harvesting the fruit of Great Lent. For fifty days following the resurrection of Christ, the Church is nurtured and guided by the Pentecostarion. This period is marked by examples of people of faith answering the call to follow and serve Christ.

### **Bright Week:**

The week following Pascha the altar doors remain open, fasting is not permitted and the Greek Orthodox remain standing at services until Pentecost. The week is termed Renewal (Greek) or Bright Week (Russian) by the Church. The week concludes with a

special canon of the Theotokos, the Life-giving Fountain and Liturgy. It is a tradition to conduct the Paschal Liturgy every day during the Week of Renewal. In addition, "Christ is Risen" is sung at the beginning and end of every service until forty days after Pascha on the Feast of Ascension. Fish is allowed on Wednesdays and Fridays until Pentecost. All of these traditions point to the fact that Christ is Risen. He is present in our midst in a special way and awaits our response to His Call.

Following Pascha, it is important the watchfulness that has been developed is not put aside. Less time is spent in worship (although May has 11 services) and the ability to eat freely is a temptation to loose self-control. The good habits and virtues that have begun to grow during Lent must be harvested as serving Christ in new ways. In this state of openness to Christ and His message, now is the time to develop ministries, create new opportunities for service, and to go wherever Christ calls.

Each Sunday that leads to Pentecost contains the theme of

missions and evangelism in a special way.

### **The Sunday of Thomas:**

On the Sunday following Pascha, the Church encounters the incredulity of Thomas. Thomas' doubt, however, leads to tremendous faith; "My Lord and My God," and he is sent with the other eleven to baptize all nations in the name of the Holy Trinity. Doubt followed by a commission to serve Christ illustrates how faith empowers us to serve Christ in unbelievable ways.

### **The Sunday of the Myrrh-bearing Women:**

The next Sunday, the myrrh-bearing women are commissioned to become the first missionaries of the resurrection. "Hasten, go quickly and proclaim the gladsome tidings to My friends; for I have willed that joy shine forth upon all My creation from where there first came forth sorrow." (Matins) Christ transforms suffering and sorrow into joy. This is the good news that ought to come from the hearts of Christians as they spread the joy of the resurrection. . . .

**-Cont'd in next month's "Outreach"**